



# St Gerard Majella School

## Tuckshop and Healthy Eating Policy

### PREAMBLE

At St Gerard Majella School we are committed to encouraging and developing positive attitudes towards food and a healthy diet. Promoting a healthy life style is integral to our curriculum and we recognise the importance of offering children the opportunity to make informed choices about what, when, where and why they eat.

The purpose of the tuckshop is:

- Provide a viable and convenient service to busy parents and hungry children, by offering a wide range of nutritional foods at reasonable prices.
- To be responsive and meet the particular needs of the school community, including socially, culturally and as a service.
- To be self-sufficient and sustainable - including replacing ageing or broken equipment and fund general upkeep.

### POLICY

This policy has been formulated to enable the school to develop and maintain a shared philosophy on all aspects of food and drink. Its key aim is to develop healthy eating within the school that benefit children, staff, parents and the whole school community.

### VALUES

Inclusion, Service, Compassion, Community, Creativity, Responsibility, Sustainability  
Respect, Hospitality, Communication and Commitment.

### PRINCIPLES

- Support healthy eating by providing healthy choices in accordance with Queensland Government Policy.
- Promote and offer a wide range of foods that make up the majority of a healthy diet (GREEN food) and support the HPE curriculum.
- Offer a variety of foods, taking into consideration different taste preferences and age groups including staff and students.



# St Gerard Majella School

## Tuckshop Policy - continued

### PRINCIPLES - Continued

- Comply with Food Safety, Workplace Health and Safety, and Health and Hygiene practices, as set out under Queensland legislation.
- Staff will avoid using occasional foods as rewards.
- At special events such as end of term parties, food contributes to a sense of celebration and sharing. On these occasions party food may be allowed. Parents are encouraged to send in a healthy dish to share. Details of such events will be communicated with parents.
- At special fundraising or awareness events occasional foods may be used. These events would be no more than once per term.
- This policy does not apply to 'birthday food' or other foods brought from home.
- Students packed lunches are the responsibility of parents who will be encouraged to provide healthy eating choices.
- The tuckshop convenor, or in the absence of the convenor, a nominated volunteer is responsible for all tuckshop operations.
- The tuckshop convenor must undertake a food safety handling course.
- The tuckshop convenor is employed by the school and under the supervision of the Principal. The remainder of labour is supplied by a combination of paid worker(s) and volunteers.
- Menu must comply with allergy requirements of the School.
- Special Days – Ability to alter the menu to celebrate 'special' days and themed days, to encourage sales and introduce children to different foods.
- Days of RED foods are limited to days when children are away from classrooms and themed days, such as sports day and Feast Day.

### EVALUATION

This policy is to be reviewed as part of the School's renewal cycle.

This policy was last ratified by School Board on 28 March 2018.

Chair Signature